
LIVES INTERNATIONAL RESEARCH DAYS 2026

WEDNESDAY 4 NOVEMBER (11:15-13:00)

**Panel 4: Mid-Life Challenges & Vulnerabilities from a
Gender Perspective**

Organized by Nicky Le Feuvre, Marion Braizaz, Isabelle Zinn & Nathalie Bettina
Neeser

University of Lausanne, Géopolis, room 2230

Programme

11:15 – 13:00 | Experte-Discutante: Ariane Pailhé, Research Director at INED, Paris

- **Isabel Baumann** (ZHAW), Gender-specific health effects of heat waves among home care workers: a focus on mid-life
- **Erika Harju** (ZHAW), Menopause as a Gendered Midlife Transition: Psychosocial Vulnerabilities, Relationship Dynamics, and Support Gaps in Switzerland
- **Burcu Sahmurat** (Luxembourg), Trajectories of Economic Insecurity in Mid- and Later Life: The Role of Age, Gender and Personality

13:00 – 14:00 | Lunch

